

MEN'S EXERCISE CLUB
Tucson Estates Property Owners Association

Where: MULTI-PURPOSE BUILDING

When: MONDAYS, WEDNESDAYS AND FRIDAYS 8-9 AM

Contact: BOB STREHL 908-0119 (September through May)

e-mail: NONE

Function of Club:

INCREASES SELF ESTEEM.

PHYSICAL ACTIVITY IS WORTH YOUR TIME. EVEN SOMETHING AS SIMPLE SUCH AS A 10 MINUTE WALK CAN GET YOU MOVING IN THE RIGHT DIRECTION!

All members of the Club must be residents of Tucson Estates and be willing to take an active part in the Club and its programs.

New members are always welcome.